



University Council

**Recreation and Wellness Committee
Goals for the UC year ending April 30, 2018**

Goal	Priority Number	How Will Goal Be Measured?
<p>Support efforts of UA Health Services (HS) department in campus TB testing for International Students.</p> <p><u>Action items:</u></p> <ul style="list-style-type: none"> - Review HS documents and plan proposal. - Revise to answer questions asked at UC. - Outline plan, supporting documents, and recommendation to be submitted to UC. 	<p>1</p>	<ol style="list-style-type: none"> 1. UC presentation and recommendation presented. 2. Acceptance or revisions from UC
<p>Research the need for a food pantry on the University Campus.</p>	<p>2</p>	<ol style="list-style-type: none"> 1. Work with Communication Committee to develop and distribute survey 2. Interpret data and present to UC
<p>Support awareness outreach and related education to all students, faculty and staff regarding Title IX, Campus SAVE and the Violence Against Women Act, and AOD Committee.</p> <p><u>Action items:</u></p> <ul style="list-style-type: none"> - Link resources and information to the Wellness website and other related locations. 	<p>3</p>	<ul style="list-style-type: none"> - Report on current and future resources location information. - New outreach opportunities and locations shared with SAVE and AOD task forces. - Postings in new locations will be recommended. - Add components of Title IX/AOD support and actions to the Wellness Website

<p>Research guidelines of a holistic Wellness program to enhance campus lifestyles for all campus constituents.</p> <p>Action items:</p> <ul style="list-style-type: none"> - Follow up on the Wellness Statement was sent to HR for implementation - Identify campus constituents that are capable of developing a wellness program - Support Talent Development and Human Resources committee on recommendations for benefit incentives to aid health and wellness. - Report on the nutrition of campus dining centers on campus in regard to wellness, nutrition, and programs 	4	<ul style="list-style-type: none"> - Research and outline will be presented to UC. - Request nutritional information from Aramark and the promotion of healthy dining options/decisions on campus.
<p>Support the tobacco/nicotine policy recommendation.</p>	5	<ul style="list-style-type: none"> - Follow through with the motions that have been brought forth to the University Council regarding this issue
<p>Recommendation of standards in campus facility construction to include:</p> <ul style="list-style-type: none"> - Transgender restrooms - Lactation room - Sharps containers in restrooms <p>Recommend additional lactation spaces on campus to be developed. Support gender neutral restroom identification</p>	6	<ul style="list-style-type: none"> - Make a recommendation to the physical environment committee to support new standards in campus construction that would be included in each bid. - Share information on gender neutral restrooms on appropriate campus websites and facilities